**2019 MID MICHIGAN COLLEGE LAKERS**

**MEN’S CROSS COUNTRY ROSTER**

**NAME HT WT YR HOMETOWN/HIGH SCHOOL**

Michael Hamilton 5- 9 150 SO Mexico, MO/Mexico

Nick Jerman 5-11 140 FR Shepherd, MI/Shepherd

Jordan Jones 6- 2 210 SO Laingsburg, MI/Laingsburg

Noah Schafer 6- 0 140 SO Mt. Pleasant, MI/Mt. Pleasant

Cole Sharrar 6- 0 160 SO Mt. Pleasant, MI/Mt. Pleasant

HEAD COACH: BJ Tomanek (1st Year)

ASSISTANT COACHES: Josh Bishop (1st Year), John Bradley (1st Year)

ATHLETIC DIRECTOR: Ryan Harkrader

ATHLETIC TRAINER: Robin Jones